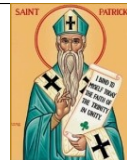
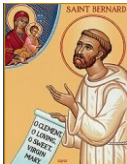


'Seek God, Find God, Embrace God in Jesus'

KU-RING-GAI CHASE CATHOLIC PARISH

Diocese of Broken Bay ~ 5th February 2023 ~ 5th Sunday in Ordinary Time ~ Year A

Is 58:7-10; 1 Cor 2:1-5; Mt 5:13-16



Entrance Antiphon: O come, let us worship God and bow low before the God who made us, for he is the Lord our God.

Responsorial Psalm: A light rises in the darkness for the upright.

Alleluia Verse: Alleluia, alleluia! I am the light of the world, says the Lord; the man who follows me will have the light of life. Alleluia!

Communion Antiphon: Let them thank the Lord for his mercy, his wonders for the children of men, for he satisfies the thirsty soul, and the hungry he fills with good things.

5th February 2023
5th Sunday in Ordinary Time
Is 58:7-10; 1 Cor 2:1-5;
Mt 5:13-16

Our Mission Statement:
'Help others to recognise, through their experiences, that Jesus who died and is risen is the truth that lights up their lives'

Our Vision Statement:
'That the parishioners of Kuring-gai Chase Catholic Parish grow as missionary disciples and live as community in Christ inviting all people into our Parish, welcoming them to our Parish life and embracing the rich diversity of our community'

WEEKEND MASSES
Saturday 5pm St Bernard's
6pm St Patrick's
Sunday 8am St Patrick's
9am St Bernard's
10am St Patrick's
6pm St Patrick's

WEEKDAY MASSES
Until further notice there will be
ONE Morning Mass only
on weekdays

St Patrick's 9am:
Mon ~ Tue ~ Thur ~ Sat
St Bernard's 9am: Wed ~ Fri
(except 1st Friday of the month when Mass is at 11.30am @ St Bernard's)

RECONCILIATION
Saturday 9.30am St Patrick's
Friday After 9am Mass St Bernard's

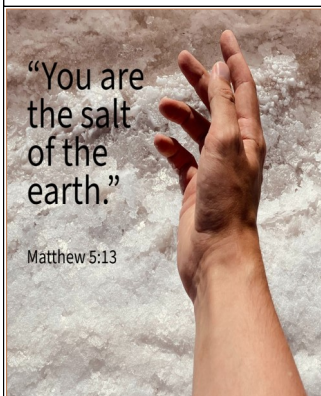
Emergency sick calls
0468 341 841
(Out of office hours **URGENT** only)
HOSPITAL ADMISSION:
If you are admitted to hospital, please write down your religion as Catholic to receive Catholic Services.
Be sure to notify the Pastoral Centre if hospitalised and you would like our own priests to attend.



As we listen attentively to God's life-giving Word on this Day of the Lord, let us be open to the promptings of the Holy Spirit and remember to pray for the needs of the Church, the world and our local community everyday.

The Church in Australia celebrates the Sunday of the Word of God on the first Sunday in February – February 5 in 2023 (Fifth Sunday in Ordinary Time, Year A).

Pope Francis established the day, which is devoted to "the celebration, study and dissemination" of the Word of God.



HOMILY © Richard Leonard SJ

Doctors and dietitians would have some difficulty with the first part of today's Gospel. Jesus does not seem to know that salt is bad for hypertension and cholesterol! Just as health professionals are encouraging us to be careful in using salt, Jesus is telling us to keep it up. Salt in Jesus' day, and for centuries before and after, was the primary preserving agent for food. That day-to-day usage gives us a clue as to the challenge being laid before us.

We are told that if salt has lost its taste it's good for nothing. So the challenge is to keep it fresh so it can keep doing its job. Jesus suggests that, in the same way, we have to be on guard to make sure that our faith remains fresh so it's able to do its job as well.

The fifth and sixth chapters of Matthew's Gospel are devoted to describing the elements of Christian faith. At the start of the fifth chapter we have the Beatitudes that tell us that the presence of God can be discovered in all of life's situations. It reminds us that as Christians we can find God wherever we want to. The rest of these two chapters go on to give us specific directions about the dangers and aides to faith.

Jesus tells us that a hollow attachment to the letter of the law, unbridled anger, an inability to forgive, being unfaithful in marriage, seeking revenge on our enemies, not being true to our word and being enslaved by money are all examples of bad faith. Think for a moment of people you know who are trapped by any of these vicious forces. It's sad to see the energy it takes them to remain angry, greedy, legalistic, fraudulent and unforgiving.

More positively Jesus tells us in these chapters that prayer, being generous to the poor, being discerning about whom we spend time with and what we see and hear, and going without things we often consider essential are helpful to living a faith-filled life. Think for a moment of people you know who live lives like this. Their detachment, sense of generosity and ease with others stands out in our stress-ridden world.

My professor of liturgy used to say '**Good liturgy enlivens faith and bad liturgy deadens it.**' This is the same message Jesus gives us today about faith in general. It's crazy for us to keep spending time with people and doing things that deaden our faith. We know the impact of these people or activities by the bad taste they leave in our mouths. After an encounter with them or it we usually tell ourselves that we must not go back for more, but the bad spirit seduces us into repeating the entire episode with frightening frequency. St Ignatius Loyola tells us that in these situations we have to deal with the bad spirit quickly and consistently and learn a new pattern of behaviour that will lead us away from darkness into the light.

The job of faith is to enable us to live out and build Christ's reign of justice and love in this world as a foretaste of what awaits us in heaven. May this Eucharist enable us to seek out the people and places that will see the saltiness of our faith remain fresh and interesting so that we will have every chance of preserving our faith in the dryer times, and of our faith in Jesus preserving us in the face of the trials and tests that come our way.

PASTORAL CENTRE (Parish Office)
Opening Hours: 9am – 3.30pm, Mon-Fri only.
Phone: (02) 9456 2450 / **Website:** www.bbcatholic.org.au/kccp
1-19 Woodcourt Road, Berowra Heights 2082 / P.O. Box 335, Berowra Hts 2082
Parish Office Email: parishkccp@bbcatholic.org.au



Parish Administrator: Rev Dr Biju Jose, OSH
Assistant Priest: Fr Joy Thomas, OSH
Parish Secretary: Margaret Cooper / **Bookkeeper:** Karen Price
Vol. Office Assist: Jan Favalaro / **Vol. Sacramental Team:** Peta & Phill
Sacramental Team Email: kccpsacraments@gmail.com

'Ku-ring-gai Chase Catholic parish acknowledges the Darug and Guringai people, the Traditional Custodians who have walked upon and cared for this land for thousands of years. We acknowledge the continued deep spiritual attachment and relationship of Aboriginal and Torres Strait Islander peoples to this country and commit ourselves to the ongoing journey of Reconciliation.'



Pope's intention for February:

For parishes:

We pray that parishes, placing communion at the centre, may increasingly become communities of faith, fraternity and welcome towards those most in need.

COMING SOON ~ DETAILS OF OUR PARISH LENTEN PROGRAMME

We are finalising the details of a Lenten Programme using the resources to be provided by our Diocese entitled:

Jesus: Our Light and our Life, Becoming One in Christ.

More details will be provided in next weekend's bulletin.

THIS WEEK'S READINGS and PRAYERS

Ordinary Time ~ Year A

Monday 06/02 ~ Memorial

St Paul Miki and companions, martyrs
Gen 1:1-19; Mk 6:53-56

Tuesday 07/02

Gen 1:20—2:4; Mk 7:1-13

Wednesday 08/02

Gen 2:4-9, 15-17; Mk 7:14-23

Thursday 09/02

Gen 2:18-25; Mk 7:24-30

Friday 10/02 ~ Memorial

St Scholastica, virgin
Gen 3:1-8; Mk 7:31-37

Saturday 11/02

Gen 3:9-24; Mk 8:1-10

Ku-ring-gai Chase Parish
Remembers & prayers for...

RECENTLY DECEASED:

Fr John de Luca, Mark Formby, Bill Healy, Patricia O'Malley, Cardinal George Pell. Pope Emeritus Benedict XVI

ANNIVERSARIES:

Samuel Fuda

SPECIAL PRAYERS FOR THE SICK:

Those suffering from Covid-19 - that it is brought under control and eliminated as a health risk.

PRAYERS FOR THE SICK: Jean Dorahy, Maria Park, Anna Cho, Jean Dorahy, Yvonne Graham, Garth Graham, Isabel Henson, Judy Farrell, Chichi Datoc, Ann Leslie, Georgina Hughes, Mary Burns, Rey Hilario, Patrick Dorahy, Roger Okell, Jean Cook, Barbara Jones, Rosemary Pendlebury-Grainger, Brian Treacy, John Cosgrove (Snr), Patrick O'Donoghue, Fr Thomas Philip OSH, Josef, Marie Haag, Elaine Longmuir.



Are you an Altar Server? Then you are invited to your very own "Thanks for your ministry" Party.

Please RSVP by THIS Tuesday (see below)

As we didn't get to celebrate properly with you before Christmas and say "thank you", Fr Biju & Fr Joy warmly invite YOU and all other Altar Servers to a 'get together' for a couple of hours of fun and a simple sausage sizzle on:

Day: Friday

Date: 10 February, 2023

Time: 5pm to 7pm

Venue: The SBB Presbytery, 7 Warrina Street, Berowra Heights (right next to the school)

and your whole family are also invited, in fact we would love it if at least mum or dad could come along with you!

Please have mum or dad RSVP by email to: parishkccp@bbcatholic.org.au or call 9456 2450 by **Tues. 7th February 2023.**

We hope to see YOU there! It won't be the same without you!



Attention Parish Volunteers WE HAVE A NEW DATE:

Date: FRIDAY 17th February 2023

Time: 5.30pm Mass at SPA

Time: 6pm Dinner in Fr McMaugh Hall

As advised in November last year, we really want to thank each of you for your acts of stewardship and ministry during 2022.

Therefore, anyone who is rostered on for a parish ministry; anyone who regularly volunteers to help out; anyone who humbly goes about doing all the little tasks (our quiet achievers); are all very welcome to come along to this

Thanksgiving Mass and dinner in appreciation for all you do.

Be sure to mark your diary and join us on the evening.

Please **RSVP** by email to: parishkccp@bbcatholic.org.au or call 9456 2450 by **Tues. 14th February 2023.**

You are welcome to join us for both the Mass and Dinner OR just the Mass OR just the dinner! The choice is yours!



Dear all, the first series for 2023 (of our 'two-per-year' programme) is about to commence and we are looking for more members so we can give away more money!



If you are already a member, you may have (or will soon) receive a reminder to make payment for Series 1.

You will only get this email if you are not financial.

If you are financial then you won't hear from us ... **UNLESS YOU WIN A PRIZE OF COURSE !!**

We have 'blocks of four numbers' available now so why not be part of the fun ~

\$1 per week paid in advance for the 20 week series means your investment of just \$20 offers you **the chance of winning \$25 each week and one chance in every five weeks of winning \$500!**

To be part of this wonderful parish initiative please call us on 9456 2450 or email us: parishkccp@bbcatholic.org.au



Vox Episcopi - The Voice of the Bishop - 31 January 2023

My dear brothers and sisters in Christ, A new year already! I hope you were able to rest a little after the Christmas festivities. I am very pleased I was able to have a break to refresh and energise for what is shaping up to be another very busy year for ministry and mission in the diocese.

This year I trekked the Eastern Himalayan Mountains reaching 3600 metres – certainly quite a challenge but it was wonderful to visit a completely different part of the world.

As we commence the year 2023, I could not help thinking back in time and my mind settled fifty years ago to 1973. Like many of you, I have very clear memories of the opening of the Sydney Opera House which has since hosted thousands of cultural and artistic events. It has become a symbol of the arts and a sign of artistic beauty for our Nation and for the world.

In 1973 the U.S. Supreme Court ruled that the U.S. Constitution conferred the right on its citizens to choose to have an abortion. Known as *Roe versus Wade*, this decision has caused an ongoing abortion debate all around the world, including Australia. The debate is often around whether, or to what extent, abortion should be legal, who should decide the legality of abortion, and what the role of moral and religious views in the political sphere should be. Unfortunately, the debate rarely mentions the life of the unborn child or the right to life of the unborn child. In June 2022, the U.S. Supreme Court overturned *Roe v. Wade*. Again, there was a deafening silence on the part of the innocent unborn child.

In January 1973, ten years into his pontificate, Pope Paul VI announced that the 40th International Eucharistic

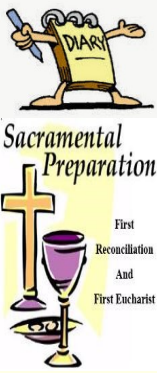
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Tap n Go donation points available in both Churches. All taps are set to \$10. Thank you for your support through these devices.



Bank Account Number: To obtain the details of our bank account (for regular or ad hoc donations), please contact the parish office on 9456 2450 or via email to: parishkccp@bbcatholic.org.au
~ Thank you for your ongoing financial support of the parish, Dr Biju.



Sacramental Programme dates and new enrolment details

Parents Talk on Sacraments (mandatory) ~ Thursday 23 February 2023

First Reconciliation (Confession):
Wednesday 29 March / Thursday 30 March

First Eucharist (First Holy Communion): Sunday 25 June 2023

ENROLMENTS are now OPEN:
for **FIRST RECONCILIATION** and **FIRST EUCHARIST**

All children in Year 4 or above who have been both Baptised and Confirmed are eligible to enrol for First Reconciliation and First Eucharist.

Those who made Confirmation last year should have received an email outlining the new process for enrolling, which this year will be done as much as possible online (hence, no enrolment weekend this year).

If you are new to the parish or did not receive an email, forms can be downloaded from our website.

Please go to: <https://www.bbcatholic.org.au/kccp/sacraments/reconciliation>

Our Sacramental Team can be contacted via: kccpsacraments@gmail.com

[from previous page] Congress would be hosted in Melbourne. Citing Archbishop James Knox's zeal and religious ardour, the Pope pointed out the Church's readiness, especially in pastoral renewal, for promoting closer and stronger bonds of charity. He noted that the greatest testimony and pledge of Christ's love is the Eucharist where the sacrifice of Calvary is seen and believed on the altar of the cross.

Closer to our homes while the first Mass was celebrated in Terrigal in 1931 and the first church was opened by Bishop Muldoon in 1961, it was not until 1973 that Our Lady Star of the Sea was formed as a parish in its own right. This year marks the Golden Jubilee of Our Lady Star of the Sea Catholic Parish, Terrigal. I am hopeful that this Jubilee Year will become an occasion throughout the diocese to reinvigorate and celebrate our community of the Church, to take up anew the mission to the young who are eager to hear the Word of God; to families who are great witnesses of community and love in the world; to the sick and dying who remind the world that life is precious in every moment; and to those who do not know Jesus Christ, but who long for love and joy and peace in their lives, in their homes; and in the world.

My brothers and sisters, as we commence the new year, might we be inspired by these four moments from the past: (1) to celebrate the beauty of life in art, music, drama, and culture; (2) to find a courageous voice to promote the rights of the unborn child; (3) to promote and encourage genuine pastoral renewal in our community of the Church with the Eucharist as the source and summit of our ministry and life; and (4) to reinvigorate our communities across Broken Bay for mission to the young, to families, to the sick and dying, and to those who do not know Christ.

+ *Anthony*



A new year ~ a new initiative **Community, Conversation, Food and Faith: Sycamore**

Are you 16 – 20ish and enjoy a chat over some food and drinks?
"Sycamore" is an opportunity to meet other young people,
share ideas, explore your beliefs and think about questions that really matter.
Everyone is welcome.

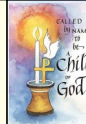
If you enjoy delving into conversations about some of the big issues of life, come along to the *first* session.

Sunday Feb 19 from 4.00 pm - 5:45 pm; St Patrick's Parish Hall, Asquith

Register "Sycamore" with your name: SMS: 0400 300 598

Or just come along!

Better late than never, here are some snaps of our Christmas Concert ~ almost 7 weeks ago!



Welcome to our Faith Family

Baptism congratulations to
Grace Martha Alder

who is to be baptised
this weekend. *Please keep her,
her parents and Godparents
in your prayers.*



We're Back !
**Children's Choir @
St Patrick's**
begins this Friday,
10th February,

with practice from 4 to 5pm in
St Patrick's church.

Our first Mass for this year will be
on Sunday 12th February,
at 10am.

Any young person in Year 3 up to
the end of high school,
from any school in the parish,
is welcome to come and join -
we'd love to have you!

No experience is necessary,
just a willingness to commit to
regular practices every Friday
during school terms from
4 to 5pm, and 10am Masses
on 2nd and 4th Sundays
of each month.

We also need parents/carers who
have a current WWCC to take
turns as Adult Supervisors so that
we can meet Child Protection
guidelines, so please put your
name down when registering
your child.

To join the Choir, simply come
along to our practice this Friday
or any Friday, and share your
talents while you meet new
friends and learn new skills.

For further information:
Patricia Smith 9482 7935

Friday Mailout of this Bulletin.

During Covid, as a way to keep in
touch with you all, our priests
introduced the 'Friday Mailout'
and it has continued ever since.

Lately, several parishioners with
mainly 'bigpond.com' addresses,
have had issues, or are not
receiving our mailout at all.

We understand this glitch is a
'bigpond.com' way of blocking
spam, and the way to fix it is to
'whitelist' our email address.

For instructions on how to
'whitelist', please contact the
office.

If you don't currently receive
these emails but would like to be
added to the mailing list, please
send an email request to:
parishkccp@bbcatholic.org.au

ROSTERS & READINGS FOR W/end – 11th/12th February 2023 - 6th Sunday Ordinary Time Year A - Sir 15:15-20; 1 Cor 2:6-10; Mt 5:17-37

	St Bernard's Church		St Patrick's Church			
	5.00pm	9.00am	6.00pm	8.00am	10.00am	6.00pm
Acolyte / Snr Server	Sub requested	Paul Dryden	Mani Subramany	Bill Martin	David Massa	Keith Fone
Altar Servers	Archie Tod Harry Tod	Verity Hartman Andrew McLoughlin	Volunteer now Volunteer now	Volunteer now Volunteer now	Thomas Clarke Rebecca Clarke	Volunteer now Volunteer now
Reader (1)	Francesca Parrino	Zinta Hartman	Paul Worthington	Sub requested	Simone Noel	Fiona Fone
Reader (2)	Jerome Gomez	Alena Hartman	Sue Watts	Sue Lum	Susie Gates	Mary Stokes
Sacristy/Cleaning/Flowers	Gwen Wood, Elaine Maatouk, Marissa Maatouk, Cecilia Waite (f), Gwen Wood (s)		Pat Smith, Ellen Downey (f), Marion Pahalawatta, Anh Nguyen			
Maintenance	Teams A & B (help always needed)		February: Luke Massa & David Mooney			

Working in a child-related ministry in the Catholic Diocese of Broken Bay: Paid and volunteer workers who have direct face to face contact with children (under 18 years) are required by law to obtain a Working with Children Check number. Please note though, exemptions may apply in some cases. The Parish is the employer of the paid or volunteer worker and therefore is required by law to verify the Working with Children Check number. All paid or volunteer workers engaged in a child-related role must have a clear Working with Children Check to work in a child-related ministry. This disclosure references the legislation, *Child Protection (Working with Children) Act 2012*.

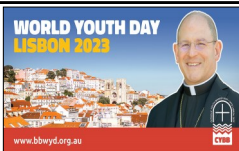


The Message of Pope Francis for the XXXI World Day of the Sick ~ Saturday 11 February ~ the liturgical memorial of Our Lady of Lourdes. Theme: 'Take Care of him'.

Compassion as a synodal exercise of healing, the Pope's message highlights the evangelical figure of the Good Samaritan as an example of compassion with which the Church is invited to measure itself in order to "become a true field hospital", and counteract the condition of loneliness and neglect to which many brothers and sisters in need are left. In the text, Pope Francis points out that the parable of the Good Samaritan "suggests to us how the exercise of fraternity, which began with a face-to-face encounter, can be expanded into organized care" and recalls the work of priests, health workers, family members and volunteers "through whom good stands up in the face of evil every day, in every part of the world". In this perspective, the Holy Father finally emphasised that the World Day of the Sick not only "calls for prayer and closeness towards those who suffer", but at the same time "aims to raise the awareness of God's people, healthcare institutions and civil society with regard to a new way of moving forward together". (<https://www.humandevlopment.va/en/news/2023/messaggio-di-papa-francesco-per-la-31-ma-giornata-mondiale-del-m.html>)



WYD23 Registration update ~ The excitement is certainly building as we continue to plan and prepare for WYD23. All places on the **FULL** pilgrimage have reached capacity. We have a number of spaces available, for young adults (over 18's) on the **DIRECT** pilgrimage 29 July to 11 August. Young adults are invited to consider journeying with us, by joining the Direct option, please register your interest by visiting <https://bbwyd.org.au/register-for-wyd/> to secure your place on the pilgrimage.



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We pick-up, pack and send quickly, cheaply and safely. For friendly, efficient service **contact James or Stuart** (Berowra Heights resident), for a competitive quote for large and small packing and shipping needs for local and international deliveries. **Free pick-up for local residents.**
P: 02 9804 1544 or M: 0451 531 759; E: westryde@packsend.com.au

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M: 0412 478 813; E: harantspty@gmail.com

King Tide Café / Restaurant

Open 7 days ~ 8am to 4pm ~ *Owned & operated by our own KCCP Parishioners John & Moauli Griffiths*

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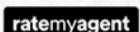
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Upper North Shore Expert

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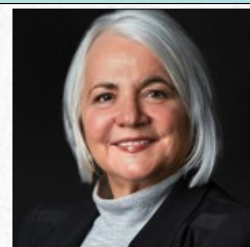
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